

21 December 2009

Christmas is already there. Time passes so rapidly! It flies by in fact. It resembles a TVG train that leaves us no time to marvel and to contemplate.

Yet to take time to let us be filled with wonder, to let us be fascinated and enchanted is so important. It is something essential in life, which is a mystery. Well, Christmas provides us with such an opportunity.

Hence I wish you to experience a Christmas season that will be such a resting spiritual time. There is so much to discover on this planet! Ourselves in the first place. Indeed, the human being is a mystery. He is even a mystery that only another mystery can light up, the mystery of the Christian God.



The small crib of our house

The council Vatican II stated: «*The mystery of the human being can only be lit up in the light of the mystery of the Word made flesh.*» (*Gaudium et spes*). Unconsciously we believe that a strong, forceful (muscular) God can save us. We believe this because for us, as human beings, it is the use of force and of armed firmness and power that will solve our problems. This explains why we project on God this corrupted impulse. Now only a God who is not far-off or distant, but very near us, a God even weak and fragile, can meet us up in our frailty and suffering; can save us.

This is why at Christmas we are invited to contemplate this vulnerable God in the Infant of the crib. Because He is also human. Invited also to make Him be born in us, in our hearts, and around us. As Angelus Silesius, a Middle Ages mystic, put it: “If Christ is born a thousand times in Bethlehem and not in you, it is in vain.”

At the crossroads of the end of this year and beginning of 2010 I assure you of my prayer for you. And wish you a most blessed Christmas season.

GENEROUS LOVE, DEEP PEACE AND GREAT JOY!

Hoping to cross your path in the course of the year that will unfold soon,

Yves La Fontaine, CMM